

# DECEMBER self love

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



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# COMPLIMENTS to choose

1. I am a smart cookie.
2. I make people smile.
3. I am strong.
4. I light up the room.
5. I am helpful.
6. I am beautiful.
7. My hair looks stunning.
8. I have great ideas.
9. I am creative.
10. I am a good cook.
11. I am an awesome friend.
12. I like my style.
13. I am funny.
14. I am enough.
15. I look great today.
16. I am smart.
17. I like my smile.
18. I have a great sense of humor.
19. I am brave.
20. I am a great listener.
21. I inspire people.
22. I am a problem solver.
23. I am real.
24. I make a difference.
25. I love my body,
26. I am cute.
27. I like my nails.
28. My eyes are nice.
29. I am worthy.
30. I am a good person.

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